

# The Sternberg Clinic

Please fill out the information below to the best of your ability

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

What name would you prefer to be called? \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

## MEDICAL HISTORY

Primary Care Physician (include address if not local) \_\_\_\_\_

Who referred you to our practice? \_\_\_\_\_  Same as above Please list other physicians you wish reports sent to \_\_\_\_\_

(Mark all that apply)

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Glaucoma                       | <input type="checkbox"/> Liver Disease (type _____) |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Problems (type _____)    | <input type="checkbox"/> Pneumonia/Bronchitis       |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Hepatitis                      | <input type="checkbox"/> Stomach Ulcer/Acid Reflux  |
| <input type="checkbox"/> Bleeding/Blood Disorder | <input type="checkbox"/> High Blood Pressure            | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Crohns Disease          | <input type="checkbox"/> High Cholesterol or lipids     | <input type="checkbox"/> Thyroid Disease            |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> HIV/AIDS                       | <input type="checkbox"/> Tuberculosis               |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Irritable Bowel Syndrome (IBS) | <input type="checkbox"/> Ulcerative Colitis         |
| <input type="checkbox"/> Emphysema               | <input type="checkbox"/> Immune Disorder                | <input type="checkbox"/> Other _____                |
| <input type="checkbox"/> Epilepsy/Seizures       | <input type="checkbox"/> Kidney Disease                 |   |

Please list all of your previous operations and the approximate date (use back side of paper if needed):

1. \_\_\_\_\_ Date: \_\_\_\_\_

2. \_\_\_\_\_ Date: \_\_\_\_\_

3. \_\_\_\_\_ Date: \_\_\_\_\_

Have you ever had problems with anesthesia?  No  Yes Explain: \_\_\_\_\_

Do you have a **pacemaker, defibrillator, or port**?  No  Yes

## MEDICATIONS

If you don't take any medications, check this box:

Please list the medications (including over the counter) you take regularly and why you're taking it:

1. \_\_\_\_\_ Reason \_\_\_\_\_ 7. \_\_\_\_\_ Reason \_\_\_\_\_

2. \_\_\_\_\_ Reason \_\_\_\_\_ 8. \_\_\_\_\_ Reason \_\_\_\_\_

3. \_\_\_\_\_ Reason \_\_\_\_\_ 9. \_\_\_\_\_ Reason \_\_\_\_\_

4. \_\_\_\_\_ Reason \_\_\_\_\_ 10. \_\_\_\_\_ Reason \_\_\_\_\_

5. \_\_\_\_\_ Reason \_\_\_\_\_ 11. \_\_\_\_\_ Reason \_\_\_\_\_

6. \_\_\_\_\_ Reason \_\_\_\_\_ 12. \_\_\_\_\_ Reason \_\_\_\_\_

If you take a blood thinning medication, which one do you take?  
Aspirin, Coumadin, Warfarin, Plavix, Pradaxa, Xarelto, Aggrenox, or other \_\_\_\_\_

## ALLERGIES

If you don't have any known drug allergies, check this box:

Please list the medications that you are allergic to:

1. \_\_\_\_\_ Reaction \_\_\_\_\_  
2. \_\_\_\_\_ Reaction \_\_\_\_\_  
3. \_\_\_\_\_ Reaction \_\_\_\_\_  
4. \_\_\_\_\_ Reaction \_\_\_\_\_

Do you have a latex allergy?  No  Yes

Are you allergic to iodine or shellfish?  No  Yes

## SOCIAL HISTORY

Marital Status  Single  Married  Widowed  Divorced  Domestic Partner  Decline to answer

Use of Alcohol  Never  Rarely  Moderate  Daily, \_\_\_\_\_ drinks per day

Use of Tobacco  Never  Previously, but quit: \_\_\_\_\_  Current, packs/day: \_\_\_\_\_

Use of Illicit Drugs  Never  Type/Frequency: \_\_\_\_\_  Decline to answer

## FAMILY MEDICAL HISTORY

Has anyone in your family had cancer  No  Yes

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Today's Date: \_\_\_\_\_

# REVIEWS OF SYSTEMS (ROS)

Please only check the boxes only if they are bothering you TODAY

## CONSTITUTIONAL SYMPTOMS

- Good General Health
- Recent Weight Change
- Fever/Sweats
- Fatigue
- Headache

## SKIN

- Rashes
- Psoriasis
- Bruise Easily
- Abnormal Lumps
- No symptoms

## NOSE

- Sinus Problems
- Breathing Problems
- No symptoms

## CARDIOVASCULAR

- Palpitations
- Heart Murmur
- Chest Pain
- Irregular Heartbeat
- No symptoms

## EARS

- Decreased Hearing

- Ringing in Ears

- No symptoms

## GENITOURINARY

- Blood in Urine
- Frequency of Urination
- Painful Urination
- Loss of Bladder Control
- Enlarged Prostate
- No symptoms

## GASTROINTESTINAL

- Nausea/Vomiting
- Constipation
- Diarrhea
- Blood in Stool
- Loss of Bowel Control
- No symptoms

## ENDOCRINE

- Excessive Thirst/Appetite
- No symptoms

## NEUROLOGIC

- Headache/Migraine
- Dizziness
- No symptoms

## EYES

- Visual Loss

- Double Vision

- Painful Eyes

- No symptoms

## THROAT

- Sore Throat
- Hoarseness
- Snoring
- No symptoms

## RESPIRATORY

- Shortness of Breath
- Wheezing
- Cough
- No symptoms

## MUSCULOSKELETAL

- Fractures/Sprains
- Osteoporosis
- Joint Swelling
- No symptoms

## OTHER

- Pregnant: \_\_\_\_\_ weeks

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Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

## MEDICAL ASSISTANTS USE ONLY

Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ BP: \_\_\_\_\_ P: \_\_\_\_\_ T: \_\_\_\_\_

BMI: \_\_\_\_\_