



## Jeffrey A. Sternberg, MD, FACS

BOARD CERTIFIED IN GENERAL  
SURGERY & COLON AND  
RECTAL SURGERY

 77 Van Ness Avenue, Suite 300, San Francisco, CA 94102

[www.pilonidalsurgery.com](http://www.pilonidalsurgery.com)

Dr. Jeffrey Sternberg is a highly skilled, board-certified surgeon best known for his innovative treatment of pilonidal disease (often incorrectly called a pilonidal cyst), a painful skin and tissue infection near the tailbone. Since starting surgical practice in San Francisco in 2000, Dr. Sternberg has treated over 1,500 cases of pilonidal disease, and his surgical protocol cures nearly 100% of his patients, with few requiring second operations. Many of his patients have developed a recurrence after prior surgery elsewhere: approximately 40% of Dr. Sternberg's pilonidal patients have had prior failed operation from other surgeons, and 40% of Dr. Sternberg's pilonidal patients come from elsewhere in the US, Canada, and other continents for surgery.

His specialties also include disease of the colon and gastrointestinal tract, performing colonoscopies, treating colo-rectal conditions such as fistula, abscess, fissure, and hemorrhoids, and other same-day surgical or office based conditions.

Dr. Sternberg is the former medical director of The San Francisco Endoscopy Center; he has served as the surgical director of the Center for Inflammatory Bowel Diseases at California Pacific Medical Center and is a clinical assistant professor of surgery at the University of California, San Francisco. Elected by his peers to leadership positions in the profession, he is a past president of the Northern California Chapter of the American Society of Colon and Rectal Surgery. The Northern California Chapter of the Crohn's & Colitis Foundation has selected Dr. Sternberg for the 2017 Champion of Hope Award.

Dr. Sternberg completed an AB in biochemistry at Dartmouth College, where he graduated magna cum laude and Phi Beta Kappa. He received his medical degree from the University of Chicago Pritzker School of Medicine. Dr. Sternberg trained in general surgery at Harvard University's Beth Israel Deaconess Medical Center and went on to complete a fellowship in colon and rectal surgery at the University of Minnesota. He is double board-certified in general and colon and rectal surgery.

Currently, Dr. Sternberg runs his own practice in San Francisco, The Sternberg Clinic. In an effort to serve more patients on the East Coast, he plans to start performing surgery for pilonidal disease in New York City sometime in late 2020.

**TOP COLON RECTAL SURGEON**  
**in California**

#### EDUCATION:

- Bachelor Degree: Dartmouth College
- Medical Degree: University of Chicago Pritzker School of Medicine
- Residency: Harvard University's Beth Israel Deaconess Medical Center
- Fellowship: University of Minnesota

#### CERTIFICATION:

- American Board of Surgery
- American Board of Colon and Rectal Surgery

#### PAST PRESIDENT:

- Northern California Chapter of the American Society of Colon and Rectal Surgery

#### AWARDS:

- Top Doctor in California - 2020